

## Updated April 22, 2021

## Food security

DATE	ITEM	NOTES
2000-06-24	Friends Restaurant - low cost meals	145 Queen St. East. Breakfast (\$1.50) from 10 - 11:30am. Dinner (\$2.50) from 4 - 5:30 pm
2000-06-24	Fred Victor Food Skills	40 Oak Street. 416-364-8228
2020-06-24	RIWC - Women in the garden	Indoor and balcony gardening. 416-465-6021. womeninthegarde@riverdalehub.ca
2020-06-30	List of farmers markets	greenbeltfresh.ca
2020-07-08	YMCA temporary food banks	https://theystepsup.ymcagta.org/ymca-food-programs
2020-08-05	Good food box order a weekly delivery of produce	https://foodshare.net/program/goodfoodbox/
2020-08-04	Community kitchens - cooking workshops	https://foodshare.net/program/community-kitchens/
2020-08-04	Support line for food security	https://foodshare.net/program/foodlink/
2020-08-04	Toddler nutrition	https://foodshare.net/custom/uploads/2016/03/Toddler-Handout- FINAL.pdf
2020-09-09	Toronto Food Assets Map	https://www.google.com/maps/d/u/0/viewer?mid=1MpTS0uhS8WNs UGAm0S8rce122crYP0IS&II=42.92633657571016%2C- 91.3705415&z=5
2020-09-09	Free delivery service	https://www.goodneighbourproject.com/services
2020-11-03	Islamic Circle of North America - food bank	www.icnareliefcanada.ca/food-banks
2020-11-03	Daily Bread Food Bank - enrolment form	https://dailybread.link2feed.ca/%20%20416.203.0050%20x1.
2020-11-03	Flemingdon Food Bank	https://www.fcfoodbank.com
2020-11-12	Baby and toddler nutrition	https://foodshare.net/program/toddlers/
2021-02-04	Sistering - seves meals	https://sistering.org/service-schedule/
2021-04-14	Scarborough Food Security Inititiative - food bank, meals	https://scarboroughfoodsecurityinitiative.com/programmes
2021-04-21	Canada Food Guide	https://food-guide.canada.ca/en/